

Time Travelling



"Opening the doors of faith to generations"

Opposites

Key Stage 1 supplement

Extra ideas and suggestions for teachers

www.timetravelling.co.uk

Introduction to the Opposites Supplement

Each year, **Time Travelling** retains as standard many activities such as baptism and the Last Supper and introduces new ones following the theme for the year. We hope that the themes give teachers a 'hook' on which to hang introductory and follow up work at school, as well as giving us a common thread which links the activities at Southwell.

We aim to provide a high standard of service to you and your children, and are always looking for ways to improve. Please do get in touch if you would like to make comments about our existing materials or to make suggestions.

Our themes run on a two year cycle:

For Key Stage 1: Year A: *OPPOSITES*
Year B: *SENSES*

For Key Stage 2 : Year A: *SIGNS AND SYMBOLS*
Year B: *PEOPLE - FRIENDS AND FAMILY.*

This supplement is aimed at helping you make the most of your visit to Southwell Minster with your pupils, both beforehand and afterwards, by looking at the theme of **Opposites**. It has a short explanatory note for you, followed by some suggestions as to how you might explore each of the opposites with the children. The ideas cover some of the objectives for the Nottinghamshire Agreed Syllabus for RE but are also cross curricular.

We have enclosed details of our other resources which you may find useful and are available to purchase either on the day or in advance, and remember you can also download a **Key Stage 1 Teacher Pack** from our website. See our teacher page for more details. This contains enough teaching suggestions to enable your visit to Southwell to form the core of a whole term's work in RE.

We are looking forward to welcoming you, your pupils and your adult helpers to Time Travelling, and we hope you all have a wonderful time.

With very best wishes from
Diana, Emma, Sue and the Time Travelling team☺

Time Travelling is an independent, self funding organisation supported by both Southwell Minster and Southwell and Nottingham Diocese. Each year we have to raise over £20,000 of our income to be able to offer the *Time Travelling* experience to children at a subsidised rate. Many local churches, Mothers' Union Branches, schools and individuals give generously to support our work. If you feel able to give a donation to Time Travelling please contact our office for more details.

Available Materials: Please order using the form at the bottom of the page.

Photo pack 1 'In A Church': Containing 7 A4 sized photos of items found in a church (font, lectern etc). All photos are taken in the Minster, but relate to church buildings in general. Notes are included, with activity suggestions. **Cost: £5.00**

Photo pack 2 'In The Minster': Specific to the Minster, these 10 A4 sized photos show some of the features of the building and people who work there. Includes notes and activity suggestions. **Cost: £5.00**

Resource Book 'Exploring Churches': A practical guide to visiting churches and church yards, covering most areas of the school curriculum including Citizenship and other places of worship. There are photocopyable resources. **Cost: £4.99**

Minster Guide Book: These full colour A4 glossy guide books are useful for reference in the classroom, and are now available at a special price. **Cost: £1**

Music Pack: Sheet music and CD accompaniment for all Time Travelling music for practice before the event. CD contains vocal and instrumental versions of songs. **Cost: £5**

We can post these items at a cost of £1 per item or you can collect them when you visit Time Travelling.

Please send me:	No. of copies:	Total:
Photo pack 1 'In A Church' £5.00		
Photo pack 2 'In The Minster' £5.00		
Book 'Exploring Churches' £4.99		
Minster Guide Book £1		
Music pack £5		
+ POSTAGE / packing @ 1.00 PER ITEM		
TOTAL		

*Cheques made payable to **Southwell Cathedral Chapter***

Sorry but we can't send items without payment. Please tick if you require a receipt.

Name.....

Postage address.....

Phone Contact number.....Email.....

NB: our aim is to be 'teacher friendly'. None of these resources make a profit for Time Travelling.

Themes

Big and Small (P5)

David and Goliath, retell the story, focusing on strength, children explore their own strengths.

Dark and Light (P5)

The Creation story and feelings about dark and light, children respond through poetry and art work.

Happy and Sad (P5)

Explore ideas of friendship and loneliness through the story of Zacchaeus.

Quiet and Loud (P6)

Respond through artwork and music to two contrasting Psalms.

Day and Night (P6)

Explore Daniel's faith in God in this Old Testament story through drama and art.

Rich and Poor (P7)

Jesus and the widow's mite. Consider what we need to give away to help other people.

Big and Small

- Re-tell the story of David and Goliath (P8)
- Discuss what the children think of as strength. What sort of strength did Goliath use? What sort of strength did David use to win the battle? Introduce the idea of different types of strength by explaining how David used his trust in God and his desire for justice.
- Children individually re-tell the story using a comic strip style, encourage them to show Goliath to be very tall and David very small.
- Discuss with the children what their own individual strengths are and how strengths can make us feel big inside. What would they like to be better at?
- Create a display of individual strengths and targets using a 'giant' outline or collaged giant.
- www.kids-corner.info/images/youth/David_Goliath.gif has an image of David and Goliath.
- You might feel it appropriate to discuss bullying using this story.

Dark and Light

- Discuss ideas and feelings related to light and dark, generating two lists of light and dark words. Write some light and/or dark poems individually or in groups.
- Using the collected ideas create individual or group collages to illustrate the poems.
- Read Genesis 1:1-5. (P9) in which God creates light. What did God say when he had created the light? Discuss what it would be like if it were night all the time. What would we miss out on? Think about things we do in a day and order activities (getting up, washing, plants needing sunlight to grow etc).
- Visit KS1 www.dottieandbuzz.co.uk -Creation to use the activity and printable activity sheet.
- Southwell Minster's west window (1996), The 'Angel Window' depicts the creation of the world in the bottom panels (P10). With the children, look closely at the colours in the window panels. The window was designed to let lots of light into the nave. Using yellow, white and blue, paint, pastel or chalk pictures of the panels.
- Create a dark or light weaving using different shades of paper or fabric.

Happy and Sad

- Read or tell the story of Zacchaeus (P9 and Luke 19).
- Collect ideas of what Zacchaeus might have been like.
- Make a similar list for Jesus. Explain that Jesus made the effort to be Zacchaeus' friend when no-one else would.
- Discuss ideas of friendship and loneliness, from the children's own experience. How does it feel to be left out? How can you show friendship to other people? You could write ideas on leaves to hang on a tree to remind the children how to show friendship.
- Focus on Jesus befriending Zacchaeus and how this changed Zacchaeus for ever.
- As Zacchaeus, write a letter to a relative, telling them what has happened to you.

Quiet and Loud

- Psalms are verses which express the writer's intense feelings towards God, sometimes anger and sometimes love.
- Read Psalm 23 together (P11). This Psalm, probably the most well known of all the psalms has been written popular hymns.
 - The King of Love My Shepherd is*
Words: Henry Williams Baker (1821-77)
Music: John Bacchus Dykes (1823-76)
 - The Lord's My Shepherd*
Words: Francis Rous (1579-1659)
Music: melody by Jessie S Irvine (1836-87)
- Talk about the imagery in the Psalm then children create a painting based on the Psalm.
- www.beliefnet.com/religion/devotionals/psalm23/dsl_pop.html and www.interviewwithgod.com/psalm23.htm both have short clips of imagery relating to this psalm.
- The psalm talks of refreshment and rest that Christians believe God provides for them. Talk to the children about places they enjoy being and who they enjoy being with to rest or relax. Draw pictures of these places with captions.
- Read Psalm 98, a psalm which expresses joy and celebration; discuss the instruments and noise in the Psalm and how the writer of the psalm feeling.
- Use percussion instruments to create music for Psalm 23 and Psalm 98, focusing on the different 'moods' in each.
- Explain that Christian worship can be loud and quiet at times. It might also be worth explaining to the children that there will be elements of quiet and loud worship and activity during their visit to Time Travelling.

Day and Night

- Tell the Old Testament story of Daniel and his friends, including Daniel in the Lion's Den. (Daniel 3:1-30 and Daniel 6:1-28)
- www.refuel.org.uk/curric/infant_topics/old_testament.html and www.parentcompany.com/little_talkers/lion/default.asp have picture versions of the Daniel story that you might want to use with the children.
- After telling the story of the friends in the fire discuss with the children which was more powerful, the golden statue or the angel in the fire.
- Talk to the children about the things that were important to the friends, pointing out their loyalty to God.
- What is important to the children in their lives? Write about one of these things.
- Make models or collages of the golden statue and the fire with the angel.
- In small groups, children could mime the story of Daniel in the Lion's Den using the directions on P12.
- Talk about the themes of trust and friendship in the story. Who do the children trust and rely on in their lives?
- Use books and the internet to research lions; habitat, food, size etc.

Rich and Poor

- Tell part a) of the story of The widow's mite (P13 and Mark 12:41)
- As you tell the story, use two jars, giving lots of coins to one child and only two coins to another child. Let them throw the money in the jar with child 1 keeping some money for themselves.
- Before you read part b) ask the children some questions. Did the people in the story make the right choices? Should the rich person have given more money away? Should the widow have kept all her money?
- Use the following to illustrate the story with these cartoon images.
<http://www.sermons4kids.com/widows-mite.pps>
- What little things could we do to help other people? Think about helping at home, reading or playing with younger siblings, helping one another in the classroom and playground.
- Talk about charities which support people in need and how other people give money and time to charities to help. Christian Aid has a learning section: www.globalgang.org.uk which might give you some ideas or find out about their *Present Aid* scheme of buying gifts on www.shop.christianaid.org.uk You might like to buy a gift as a class or school.
- Christians believe that God wants them to support other people who have less than we have and many try to give away some of their income each month to a church and/or charity.
- Sing the song, 'Love is something if you give it away' (Come and Praise Beginning: 16)
- Use the jar outlines on P13 to do some numeracy work based on money.
- Use the jars outlines to write down one little thing you are going to do to give your time, talents (and maybe even some money) to other people.

David and Goliath

David was the youngest boy in his family, in fact he was the youngest of eight boys. All David's brothers had gone to fight against the Philistines in King Saul's army, but David had to look after his father's sheep in Bethlehem.

One day, David's father, Jesse, asked David to take some loaves of bread and some cheese to his brothers at the army camp. David arrived to hear the battle cries of the Israelite army as they lined up against the Philistines to fight.

As he watched the enemy line, David saw a huge man, taller than any he had seen before, stride out towards the Israelites. Many of the men cried out in fear and ran away. The men told David that this giant, called Goliath had come forward day after day, roaring, 'Choose one man and let us fight each other.'

David asked many people 'Who was this man who dared to stand up against the armies of God?' When King Saul heard about David, he sent for him. David told Saul, 'I, your servant, David will fight him.' The king laughed, 'But you are only a boy.' David explained to Saul, 'I am a shepherd and there have been many times when lions or bears have taken the sheep from the flock. And I went after them to kill them and rescue the sheep. I know that God helped me then and he will help me now.'

On hearing this, the King agreed to let David go to battle with Goliath. He dressed David in his own finest tunic, armour and helmet and said 'May God go with you.' But David could hardly walk in the heavy armour. So, instead he wore his own clothes, took his staff, shepherd's bag, sling and picked five smooth stones from the river.

As David approached Goliath, Goliath looked down and down and could just see the top of David's head. David looked up and up and could just see Goliath's knees. 'Come here,' Goliath shouted suddenly 'and I will give your flesh to the birds and beasts!' David showed no fear as he replied, 'The Lord Almighty, God of the army of Israel will hand you over to me today! God needs no spear or sword to save.'

David moved forwards and quickly took a stone from his bag and slung it, hitting Goliath on his forehead. Goliath slowly fell to the ground, dead. God had helped David the small shepherd boy defeat the Philistine giant without spear or sword.

The Beginning

1 In the beginning God created the heavens and the earth. 2 Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters. 3 And God said, "Let there be light," and there was light. 4 God saw that the light was good, and He separated the light from the darkness. 5 God called the light "day," and the darkness he called "night." And there was evening, and there was morning—the first day.

Zacchaeus meets Jesus

Zacchaeus was a young man who lived in a town called Jericho.
Zacchaeus was a very wealthy young man with an important job.
Zacchaeus was a young man who didn't have any friends.
Zacchaeus was a greedy tax collector, taking more than his fair share.
So now you know why he didn't have friends and why he had so much money.

One morning, there was great excitement in Jericho because people had heard that Jesus from Nazareth had healed a blind man on his way into the city and the crowds were now gathering to see him.

Even Zacchaeus, the greedy, selfish young man, wanted to see Jesus. Unfortunately for him, he was also a very short young man and many people had already filled the streets to get a view of Jesus. Looking around him, Zacchaeus spotted a tall, strong sycamore tree which he climbed quickly. He now had a great view and could even see the dust on the road blowing ahead of the crowd as Jesus approached. The view of Jesus became clearer and clearer as he got nearer to the sycamore tree. Then, before Zacchaeus knew what was happening, Jesus had stopped right under the tree. The crowd stopped too and looked where Jesus was looking...Right at Zacchaeus!
'Zacchaeus, come down.' Jesus commanded and then, to the amazement of the crowd he continued, 'I must stay at your house today.'

Zacchaeus scrambled down as fast as he could, smiled at Jesus and began to lead him to his house. The crowd muttered and murmured about what a greedy man Zacchaeus was and why would Jesus want to go to his house. Zacchaeus heard them and felt sorry for what he had done. He turned to them and to Jesus, telling them, 'I am sorry and to show how sorry I am I will give half of what I own to the poor and to anyone I have cheated, I will pay back four times the amount.'

Jesus was pleased with Zacchaeus and had shown the people how to be friendly to one another. Now it was up to them to show friendship to Zacchaeus, who had shown that he was really sorry.



Psalm 23

1 The LORD is my shepherd, I shall not be in want.

2 He makes me lie down in green pastures,
he leads me beside quiet waters,

3 he restores my soul.
He guides me in paths of righteousness
for his name's sake.

6 Surely goodness and love will follow me
all the days of my life,
and I will dwell in the house of the LORD
forever.

Psalm 98

4 Shout for joy to the LORD, all the earth,
burst into jubilant song with music;

5 make music to the LORD with the harp,
with the harp and the sound of singing,

6 with trumpets and the blast of the ram's horn—
shout for joy before the LORD, the King.

7 Let the sea resound, and everything in it,
the world, and all who live in it.

8 Let the rivers clap their hands,
Let the mountains sing together for joy;

9 let them sing before the LORD,
for he comes to judge the earth.
He will judge the world in righteousness
and the peoples with equity.

Daniel and his friends

The statue and the fire

Daniel and his friends were clever young men with important jobs helping the king to make difficult decisions. One night the king had a dream about a statue made of gold, silver, bronze and clay. The more the king thought about the statue, the next day, the more he liked the idea of making a statue of himself, except this one would be ALL gold.

Daniel and his friends did not think the statue was a very good idea, but were too scared to tell the king. So every morning they watched as the finest craftsmen in the land worked on the enormous, gold statue. They blinked as they looked up to the top of the statue, shining in the bright sunlight, it was at least fifteen times taller than a man!

At last, the day arrived when the statue was finished. People travelled from miles to see the statue of the king and the king was very pleased with himself. Musicians prepared to play and the crowds were told to bow in worship to the statue or face being thrown into a fire!

There was silence, not even a shuffle or murmur could be heard, then... the music began and everyone fell to their knees. Everyone that is, except for Daniel's three friends. They could not bow to the statue as this would go against their God.

When the king heard what they had done he was furious, he offered them one more chance to bow to his statue but they refused. The angry king ordered the three friends to be thrown into the fire and he went along to watch. As he stood watching the three men in the fire, he noticed a fourth figure in the flames, a figure looking like an angel! He also noticed that the men were walking around *IN* the fire. He immediately called the men out of the fire only to find they were not burnt, not one piece of clothing was touched by the fire. He looked in the fire for the angel, but he had gone.

In amazement he told the men, 'Your God is great and deserves praise. No-one must ever say a word against this God again'

Daniel in the Lion's Den

This short drama activity creates seven freeze frame scenes and needs at least 5 children in each group. You might like to add music, props and/or words to the drama.

1. Daniel and the king are good friends. *(shake hands or arms around one another)*
2. Daniel prays to his God three times a day even though it is against the law. *(kneel with hands together)*
3. Guards take Daniel away, the king is very unhappy to lose his friend.
(guard stands between king and Daniel)
4. That night, Daniel is put in a cave full of prowling lions. The king waits all night for his friend.
(guard stands between Daniel and lion in the cave and the king outside)
5. An angel comes and closes the mouths of the lions. They and Daniel sleep. The angel leaves.
(angel touches the lions' heads and Daniel. They sit/lie still, with Daniel leaning on a lion)
6. The cave is opened and the king sees Daniel sleeping, leaning on one of the lions.
(the guard moves, Daniel wakes, the king punches the air)
7. The king is delighted and leads Daniel back to the palace for a very special breakfast.
(king puts his arm around Daniel and leads him away)

The Widow's Mite

a) Jesus was sitting quietly with his friends in the temple watching the people coming in and out. As the people came and went, many of them put money into a jar by the door of the temple. Jesus noticed how the rich people, dressed in fine clothing, looked around them to make sure that there were lots of people watching them before throwing in large amounts of coins. The coins clattered noisily as they fell into the jar.

But then a poor widow came along and very quietly put in two tiny copper coins, worth hardly anything at all.

b) Calling his friends to him, Jesus said, "This poor widow has put more into the jar than all the others. They all gave out of their riches; but she, even though she is poor, put in everything—all she had to live on."

Even though the rich people put in lots of money, they still had plenty left over. The widow gave everything she had and went home with nothing.

